

**Alberta Injury Control
Teleconference Port
Reservation
2008-2009 Season**

Option 1: Season Subscriber

I would like to become a Season Subscriber. Please book a port for all 5 teleconferences and invoice me for \$75.00. I understand that this fee is non-refundable. Port reservations must be made in writing (please complete this form) no less than 48 hours prior to the first teleconference.*

**Option 2: Month-to-Month
Subscriber – Pay as You Go**

I would like to be a Month-to-Month Subscriber. Please book one port for me when I have registered for a particular monthly session. I understand that this fee is non-refundable.

Please book a port for the:

Month/Day/Year

Month/Day/Year

Month/Day/Year

Month/Day/Year

Month-to-month subscriber rates for the teleconference are **\$20.00*** (**\$25.00*** for **out-of-province**). Your name and organization will be put on our mailing list and every month a teleconference agenda

and fax-back form will be forwarded to you. Port reservations must be made in writing (by fax) no less than 48 hours prior to the teleconference.

**5% GST will be added to the cost. If your organization is zero-rated GST, please provide your GST registration number. (Personal cheques are not accepted for zero-rated GST payments.)*

Please print clearly

Name of Subscriber: _____

Organization: _____

Address: _____

City, Prov.: _____

Postal Code: _____

Phone: _____

Fax: _____

E-mail: _____

Signature: _____

GST Registration Number: _____

The monthly teleconference occurs the second Wednesday of September, November, January, March, and May from 9:00 a.m. to 10:00 a.m. MT.

Please fax or mail completed form to:

Alberta Centre for Injury Control & Research

School of Public Health
University of Alberta
4075 RTF, 8308 – 114 Street
Edmonton, Alberta T6G 2E1

Ph: (780) 492-6019

Fax: (780) 492-7154

Email: acicr@ualberta.ca



2008-2009

**Alberta Injury Control
Teleconference**

Teleconferences are held the second Wednesday of every second month September 2008 to May 2009

**Teleconference time
9:00 a.m. to 10:00 a.m.
Mountain Time (MT)**

The 2008-2009 Alberta Injury Control Teleconference Season brochure can also be found on the ACICR website at www.acicr.ualberta.ca.



SCHOOL OF
PUBLIC HEALTH
UNIVERSITY OF ALBERTA

September 10, 2008

Finding Balance – Prevent A Fall Before It Happens

The risk of falling and being injured in a fall increases as people age. It is estimated that one in three persons over the age of 65 is likely to fall at least once a year which means in Alberta approximately 62,500 seniors are likely to fall. In 2003, the hospitalization costs for seniors' falls alone to the Alberta economy was nearly \$88 million. By 2033, when the majority of baby boomers become senior citizens, the cost for seniors' falls, if left unchecked, is expected to reach \$250 million. While the dollar value of falls can be calculated – the impact these injuries have on the individuals and their families is much more severe especially in terms of their independence and quality of life

The Alberta Centre for Injury Control & Research (ACICR), in partnership with the Alberta Medical Association, has set out to develop and implement a province-wide information and advocacy campaign focused on reducing the number of falls among seniors in Alberta. The campaign, which is scheduled to be formally launched at the beginning of November, 2008 on the steps of the Alberta Legislature, will be called Finding Balance. Designed as a multi-year program, the first phase of Finding Balance will focus on 'independent, well seniors'.

This presentation will highlight the key components to the campaign including:

- Evidence-based, consistent messaging
- Connecting seniors to local support and programs
- A strategic provincial medical plan
- Stakeholder support and participation
- Evaluation

Confirmed Speakers:

Lynda McPhee
Education Coordinator, ACICR

Marcus Gurske
Principal, Play It By Ear Productions

November 12, 2008 **Safety Guidelines for Physical Activity in Alberta Schools - Revisions**

New Guidelines for Safely Conducting Physical Activity in Schools. The document Safety Guidelines for Physical Activity in Alberta Schools has recently been revised. Since the first edition was created in 1998, the document has become a force in focusing teacher attention on safe instructional practices in order to minimize inherent risk and in encouraging school authorities to develop policies, plan and procedures for the safety and security of their students. This teleconference will discuss the impacts the document has had on physical activity instruction and the updates appearing in the new version of the document. The updates to the Safety Guidelines for Secondary Interschool Athletics in Alberta document will also be highlighted.

Confirmed Speakers:
Ms. Cathy Gladwin
Policy Analyst, ACICR

Ms. Cheryl Shinkaruk
Edmonton Catholic School District

Mr. Don Zabloski
Edmonton Public School District

January 14, 2009 **Mental Health First Aid Program**

Confirmed Speaker:
Ms. Stephanie Clark
Program Manager - Mental Health, First Aid Canada

March 11, 2009 **Adolescent Risk Taking and Brain Development**

Confirmed Speaker:
Dr. Michael Boyes
Psychology Department
University of Calgary

May 13, 2009
Booster Seats In Alberta
Presentation and discussion on booster seats in Alberta. What have focus tests shown us about the differences in urban and rural locations, how can we incorporate the results (preliminary) of the Alberta Child Research & Evaluation Study (ACRES) and what's behind successful legislation.

Confirmed Speaker:
Ms. Joyce McBean-Salvador
Provincial Coordinator, Alberta Occupant Restraint Program (AORP)