

BOOSTER SEATS



Q: Our car has only lap belts in the back seat. My child needs a booster seat. What do we do?

- A:** Children 12 and under are safest in the back seat. A booster seat used with a lap-shoulder belt is safer than just a lap belt. If there are no lap-shoulder belts in the back seat, there are two options:
- Use a shield booster seat with the existing lap belts.
 - If there is a lap-shoulder belt and no air bag in the front passenger seat, a booster seat can be used there.

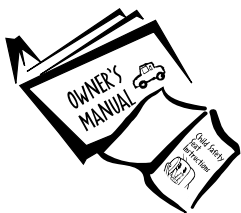
Q: When is my son ready to be buckled up in a seat belt?

- A:** Children are safest riding in a booster seat until they are at least 80 lb (36 kg) or 8 years of age. A child is ready to move to a seat belt when he can:
- Sit with the lap portion of the belt low across the hips
 - Sit with the shoulder part of the belt crossing between neck and arm
 - Sit with his knees bent comfortably at the edge of the vehicle seat
 - Sit with his back against the back of the vehicle seat without slouching AND
 - Remain in this position for the entire trip


Read your child safety seat and vehicle owner's manuals to make sure you are using the seat properly. Make every ride a safe ride for everyone.

If you have other questions about child safety seats, call **Alberta Infrastructure and Transportation** at (780) 427-8901 (toll-free in Alberta 310-0000) or **Alberta Health Link** toll-free at 1-866-408-5465 (LINK).

For more information, visit www.saferoads.com or www.health-in-action.org/aorp.



**THINK
THINK AGAIN.**

What's holding

you back?

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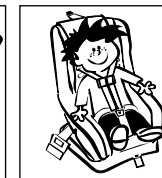
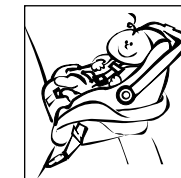


focus on:

THINK the kids are buckled up right?
THINK AGAIN.

common questions about child safety seats

When used correctly, child safety seats and booster seats save lives and reduce injuries. Children can get hurt if their child safety seats are not used properly. Here are some tips on how to keep your child safe.



**THINK
THINK AGAIN.**