

Using a Booster Seat CORRECTLY

There are 2 types of Booster Seats:

Belt Positioning Boosters with a high back, can look like this and must be used with lap & shoulder belts.



Abdominal Shield Booster Seats can look like this and must be used when there is only a lap belt available.



Read the child safety seat instructions and vehicle owner's manual for further information.

An Adult Seat Belt is safe for Your Child When They Can:

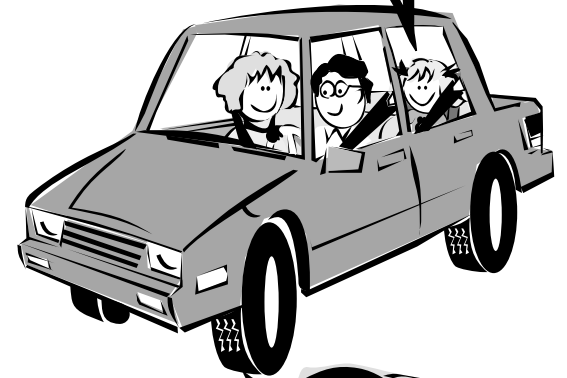
1. Sit with the lap portion of the belt riding low across their hips.
2. Sit with the shoulder portion of the belt crossing between their neck & their arm.
3. Sit with their knees bent comfortably at the edge of the vehicle seat.
4. Sit with their back flat against the back of the vehicle seat without slouching.
5. Remain in this position for the entire trip.

(from SafetyBeltSafe USA)

Injuries kill more children than all other childhood diseases combined.

Community Health Services
CHP02-0978

Boost their chances...



Capital Health Primary Care Division
Community Health Services



Who Needs a Booster Seat?

A booster seat is strongly recommended to protect your children if they:

- Weigh between 18 kg (40 lb.) and 36 kg (80 lb.).
- Are less than eight years old.



Using the proper restraint reduces the risk of injury to your child by 70 - 80%.

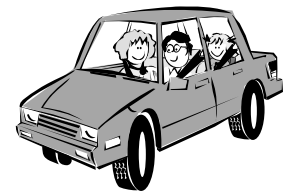
Why Use a Booster Seat?



- Adult seat belts do not properly fit a child size body.
- Lap belts may ride up over a child's stomach causing serious internal injuries in a crash.
- Shoulder belts need to be positioned properly so that a child's head and upper body do not move forward in a crash and hit their own knees.
- Children are raised up enough to see out windows and be more content.

Important Points You Need To Remember

- The safest place for children under 12 is in the back seat. **NEVER** place your child under 12 years of age in an air bag seating position.
- The shoulder belt should **NEVER** be positioned under the arm or behind the back. In a collision, your child could be seriously injured with the shoulder belt out of position.
- Booster seats come in many shapes and sizes. **Always follow the manufacturer's instruction for your seat.**



Help your child to fit into an adult world safely & correctly!