

# Alberta's Chronic Condition Self-Management Project

## Announcement

### **2008 Stanford Master Training Session June 23-28, 2008**

5010 43<sup>rd</sup> Street  
Red Deer, Alberta  
(Directly across from hospital)

I am pleased to announce the 2008 Master Training session has been confirmed for the week June 23, 2008, in Red Deer. Training is scheduled June 23-26, 2008, (Monday – Thursday) from 09:00-16:30, and Friday, June 27, 2008, from 09:00-12:30.

As seating is limited, please indicate your interest in registering for this session as soon as possible.

There are two registration avenues:

- **Sponsored:** Health regions may sponsor participants (cover travel and accommodation costs for example) and therefore register that individual or,
- **Non-sponsored:** if an individual not sponsored by a health region chooses to register they may personally cover their costs associated with participating in the training session.

Pre-requisites:

For both the sponsored and the non-sponsored registration avenues, all individuals must meet the criteria set by Stanford to become a Master Trainer –

- complete Master training

- having co-facilitated at least 2 CDSM workshops

(Sponsored registrants please note: additional pre-requisites may be set at the discretion of some health regions)

## What Does It Cost?

1. Health Regions (or individuals) will be responsible for costs associated with participants 'attending' the session (e.g. travel, accommodation, evening meal). Please note: there is no registration fee associated with this workshop.
2. Funding from Alberta's Chronic Condition Self-Management Project will cover all other costs associated with 'offering' the session (e.g. Stanford fee, T-trainer expenses, room rental, resource manuals, catered meals (breakfast, lunch and nutrition breaks)).

A block of rooms has been reserved at the Red Deer Lodge (well within walking distance {one minute drive} to workshop venue) at the negotiated rate of \$95.00 + taxes/night for a standard, non-smoking 2 Queen Bed room. Rooms must be booked before May 22, 2008, to be guaranteed availability (booking phone # 1 403 346 8841). After May 23<sup>rd</sup>, the rate will be guaranteed but not necessarily the availability. When booking it must be identified the registration is in conjunction with the Stanford Master Training. Room charges must be taken care of by the guest at the time of departure; sponsored participants should speak with their respective health region contacts to discuss payment process.

Attempts will be made to help ensure catered meals are nutritionally sound; please ensure any specific dietary needs are communicated to my-self.

Please bring your present Leader's Manual with you. Any revised Leader's Manual material (2006 onwards) will be on site for updating if

you have not already done so. Master Trainer binders will be distributed to all attendees.

I would like to take this opportunity to again thank our 3 T-Trainers, Peggy Clarke, Kori Kuryvial and Karen Freimark for arranging their work schedules to accommodate this training session. Your commitment and dedication to chronic condition self-management care are greatly appreciated.

In the upcoming weeks information updates will be sent. At this time I request you register for the session as soon as possible to avoid disappointment. Please do not hesitate to contact me - I look forward to, and appreciate, hearing from you.

*Elly*