

How To Register:

On-line for DTHR Employees:

<http://internal.dthr.ab.ca/departments/HumanResources/LearningWellness/LearningInquiry.htm>

Mail:

Attention: Learning Inquiry Centre
Organizational Learning & Leadership
P.O. Bag 5030 Red Deer, AB. T4N 6R2

Fax:

1-403-343-4850

E-mail:

educationregistration@dthr.ab.ca

Phone:

1-888-343-4553

**Do It
Today!**

Registration Deadline:

Friday, May 2, 2008

- * *Receipt of payment confirms your registration.*
- *No refunds after registration deadline*
- *Please register early*

Call Capri Hotel & Conference Centre

For Reservations – Conference Rate

Call: 1-800-662-7191

Isabelle Côté

Lactation Consultant

President - CLCA

Baby Friendly Initiatives Assessor



Isabelle has been an International Board Certified Lactation Consultant since 2000. She has worked in Public Health in Quebec where she supports the care teams in implementing the Baby Friendly Initiative (BFI). She has been responsible for training staff at hospitals and community centers, two of which are already baby friendly, and several which are close to gaining this designation.

Isabelle's presentations on the topic of skin-to-skin have been well received. She is committed to seeing changes in practice occur that work toward a baby friendly culture.

Isabelle is a BFI assessor, a liaison and an Independent Study Module Reviewer for the International Lactation Consultants Association (ILCA) Additionally she is President of the CLCA-ACCL's Board of Directors and is enjoying working with the team of passionate women who sit on the CLCA-ACCL's board. She is also the mother of 4 beautiful children, all breastfed of course!

WELCOME BABY SOFTLY 2008

“A Step to Breastfeeding success
through skin-to-skin care”



Friday May 23, 2008

0830 – 1630 hrs. (Lunch Included)

**Capri Hotel
&
Convention Centre**

**3310 - 50Ave
Red Deer, AB T4N 3X9**

Workshop Agenda:

0800 - 0830

- Registration

0830 - 0900

- Welcome, Introductions and Reflections.

0900 - 1020

- Mother-child proximity in our Canadian culture in 2008.
- Breast Feeding Initiative and Proximity

1020 - 1035

- Break

1035 - 1200

- Psychological aspects of SSC.
- Feeding on Demand

1200 - 1300

- Lunch

1300 - 1345

- Baby Wearing – How to and Why - Arie Brentnall-Compton

1345 - 1415

- Depression and SSC

1415 – 1430

- Break

1430 - 1530

- Case Study & Discussion
- Challenges & Solutions

1530 – 1600

- BFI in Quebec – question period

1600 – 1630

- Closing remarks, evaluations & reflection

Course Overview

- Gain an understanding of the impact of Skin-to-skin contact in the term (and near term) baby on breastfeeding and on mother's psychology health, from a clinical, evidence based approach.
- Receive information on helping Alberta reach BFI based on examples from Quebec.
- Gain information on the value of Baby Wearing, how to and the why.

Target Audience

Public Health Nurses, Acute Care Staff Working with Breast Feeding Dyads, Lactation Consultants, Health Care Professionals, Students.
Application has been made for CERPs

Fee:

\$125.00 for DTHR employees
\$125.00 for non-DTHR employees
\$ 50.00 for students

Registration Form:

Breastfeeding Workshop 2008 "Welcome Baby Softly" Registration Deadline May 2, 2008

Name: _____

Address: _____

Phone (Home): _____

Phone (Work): _____

Cell: _____

E-mail: _____

Fee: \$125.00 for DTHR employees
\$125.00 non DTHR employees
\$ 50.00 for students

Total: _____

DTHR Employee ID#: _____

Method of payment:

Cheque Cash Financial Transfer
 Visa MasterCard _____
Name of Manager

Card Number: _____

Expiry date: _____

Cheques are payable to:
Learning Inquiry Centre