

BEYOND



**PICKLES AND
ICE CREAM**

**BEYOND PICKLES & ICE CREAM 2005
4th EDITION**

Updated Prenatal Nutrition Teaching Packages

Based on *Canada's Food Guide to Healthy Eating* and *Nutrition for a Healthy Pregnancy* by Health Canada

BASIC BINDER PACKAGE – suitable for one-to-one teaching

INCLUDES:

- 27 full colour paper illustrations
- Presentation notes in point form format
- Handout masters suitable for photocopying

POWER POINT PRESENTATION available **FREE** at The Alberta Health in Action website: <http://www.health-in-action.org>

BEYOND PICKLES AND ICE CREAM ORDER FORM

Please send: _____ Basic Binder Pkg(s) @ \$25/binder + \$3 Shipping/Handling

TOTAL: \$ _____

SHIP TO:

NAME: _____

AGENCY/BUSINESS: _____

ADDRESS: _____

POSTAL CODE: _____ **PHONE:** _____

EMAIL: _____

MAKE CHEQUES PAYABLE TO: Chinook Health Region
Attention: Community Nutrition
801-1st. Avenue South
Lethbridge, AB T1J 4L5
Fax: (403) 328-5934

PREPAYMENT or PURCHASE ORDER ONLY



*Beyond Pickles
& Ice Cream 2005*