



# BABY CRYING?

Parenting can be tough...  
It's OK to ask for help.

Talk to your Public Health Nurse.  
Or, talk to a nurse for health advice **ANYTIME**  
by calling Health Link Alberta.

In Calgary at (403) 943-LINK (5465)

In Edmonton at (780) 408-LINK (5465)

Or call toll-free in Alberta at 1-866-408-LINK (5465)

